

All our meals are freshly cooked at school!

The Hungry Tree

Ingredients are from local suppliers and prepared on site

JP = Jacket Potato

Week 1
Monday w/b 2, 23 Jan

Mild Chilli Con Carne with rice (sul) (c) or Veggie Chilli with rice (Sul) (c) (e) or JP and Fruit Cocktail and Ice cream (m)(G)(S)

Tuesday

Roast Turkey or Quorn Sausage (G) (M) (E) or JP and Chocolate Brownie (G) (E)

Wednesday

Chicken and Vegetable Pie (G) (M) (E) or Quorn and Vegetable Pie (G) (M)(E) or JP and Fresh Fruit Salad

Thursday

Breaded Cod Fillet (F) (G) or Vegetable Nuggets (G) or JP and Jelly and Ice Cream (M) (G) (S)

Friday

Pasta Carbonara (G) (M) or Macaroni Cheese (G) (M) or JP and Australian Crunch (G) (M) (Sul)

Week 2
Monday w/b 9, 30 Jan

Roast Chicken or Cheese and Red Onion Pastry Wheels (G) (M) or JP and Pears and Ice cream (M)(G)(S)

Tuesday

Ham and Tomato Pasta Bake (G) or Tomato and Basil Pasta Bake (G) or JP and Angel delight (M)

Wednesday

Chicken and Butternut Squash Curry (Sul) (c) (G) or Butternut Squash and Chickpea Curry (sul) (c) (M) with rice or JP and Peach Crumble and Custard (M) (G)

Thursday

Homemade Beef Lasagne (G) (M) (Sul) (C) or Veg Lasagne (G) (M) (Sul) (C) with Garlic Bread (G) (M) or JP and Chocolate Sponge and Chocolate Custard (G) (M) (E)

Friday

All Day Breakfast (G) (Sul) or Vegetarian All Day Breakfast (G) (M) (E) or JP and Lemon Drizzle Cake (G)(M)(E)

Week 3
Monday w/b 16 Jan & 6 Feb

BBQ Chicken & Bacon (sul) or Vegetarian Fingers (G) or JP and Strawberries and Yoghurt (M)

Tuesday

Homemade Ham and Cheese Pizza (G) (M) (S) or Cheese and Tomato Pizza (G) (M) (S) or JP and Vanilla Cheesecake (G) (M)

Wednesday

Cod Fish Fingers (F) (G) or Quorn Sausage (G) (M) (E) or JP and Apricots and Custard (M)

Thursday

Roasted Pork Loin or Vegetable Crumble (G) (M) or JP and Cherry and Oat Cookies (G) (Sul) (M)

Friday

Beefburger in a Bun (G) (Sul) or Veggie Burger in a Bun (G) or JP and Pineapple Upside Down Cake and Custard (G) (M) (E)

Allergens: Contains (N) Nuts; (P) Peanuts; (M) Milk; (S) Soya; (Mus) Mustard; (L) Lupin; (E) Eggs; (F) Fish; (SF) Shellfish; (G) Gluten; (SS) Sesame Seeds; (C) Celery; (Sul) Sulphur Dioxide or Sulphites; (Cru) Crustaceans; (Mol) Molluscs

All mains above served with potatoes and seasonable vegetables
Fresh salad bar, milk, wholegrain bread and fresh fruit available daily

