

# SMSC Key Skills

## Year 4

<b>Personal Skills</b>	To recognise when I have reached my goal or been successful with my learning
	To know that people respond differently to changes and challenges
	To explain how I learn best and set myself up to be successful
	To manage my feelings, and usually find a way to calm myself down when necessary
<b>Social Skills</b>	To know that there are different types of relationships and that you can have different feelings for a range of people
	To be able to see a situation from another person's point of view
	To understand that different people may have different feelings about an event or situation
	To work in a group constructively, showing give and take
<b>Becoming a British citizen</b>	To be able to understand the concept of saving and working towards a financial goal
	To understand why we need to have different rules in different places
	To know what the rules are in school
	To take an interest in world issues
	To think about how I can help make a difference
<b>Health and wellbeing</b>	To know why it is important to be mentally and emotionally healthy
	To know that medicines are drugs which can be beneficial to us if used properly, and that some drugs are harmful
	To explain what a healthy lifestyle is
	To know what bullying behaviours are and what to do to solve bullying
<b>Multicultural Britain</b>	To know the meaning of the words 'prejudice', 'stereotype' and 'discrimination'.
	To understand how different groups of people from different religions, localities, ethnicities or cultures may have contributed to an event
	To understand our country has a diverse population
	To demonstrate a respect for difference
	To know that groups of people are sometimes treated unfairly by others
	To know that people from many different cultures have made contributions to world knowledge (e.g. Indian mathematicians or Islamic scientists).
<b>Independent Learning</b>	To be determined to do well, even with things I find hard
	To know that I am responsible for my own learning and behaviour