

All our meals are freshly cooked at school!

The Hungry Tree

Ingredients are from local suppliers and prepared on site

Week 1 w/b 3 Sep, 24 Sep, 15 Oct, 12 Nov, 3 Dec
Monday

Chicken Korma and Rice (C) (sul) (M) or Spinach Lentil and Chickpea Curry and Rice (C) (sul) (M) and Banana Angel Delight (M)

Tuesday

Sausage and Mash (sul) or Quorn Sausage and Mash (G) (E) (M) and Strawberry Yoghurt and Fruit Cocktail (M)

Wednesday

Beef Burger in a Bun (G) (ss) (sul) or Veggie Burger in a Bun (G) (ss) and Cherry Sponge and Custard (E) (M) (sul) (G)

Thursday

Roast Chicken or Mushroom Risotto (sul) (C) and Chocolate Ice Cream (M)

Friday

Salmon Fish Fingers (G) (F) or Vegetable Fingers (G) and Peach and Pear Crumble with Custard (G) (M)

Week 2 w/b 10 Sep, 1 Oct, 22 Oct, 19 Nov, 10 Dec
Monday

BBQ Chicken with Rice (sul) (C) or Vegetarian Meatballs in Tomato sauce (sul) (C) (G) and Pears and Chocolate Custard (M)

Tuesday

Ham and Cheese Pizza (G) (E) (S) (M) or Vegetarian Sausage Roll (G) (S) (E) (M) and Chocolate Brownie (G) (M) (E)

Wednesday

Roast Gammon or Falafels and Wrap with Cous Cous (G) and Butterscotch Whip (M)

Thursday

Mince Beef Puff Pastry Pie (G) (C) (sul) or Roasted Vegetable Crumble (G) (M) (Mus) and Banoffee Sponge with Custard (G) (M) (E)

Friday

Chicken Goujons (G) or Vegetable Dippers (G) and Peaches and Ice Cream (M)

Week 3 w/b 17 Sep, 8 Oct, 5 Nov, 26 Nov, 17 Dec
Monday

Chicken Casserole (C) (sul) or Roast Vegetable and Lentil Casserole (sul) (G) (C) and Fruit Cocktail and Fudge Yoghurt (M)

Tuesday

Savoury Mince and Mash (C) (sul) or Quorn Sausage and Mash (G) (E) (M) and Chocolate Sponge and Chocolate Custard (G) (M) (E)

Wednesday

Roast Beef or Creamy Quorn Pie (G) (M) (Mus) (E) and Jelly and Ice Cream (M)

Thursday

Macaroni Cheese and Bacon (G) (M) (Mus) or Broccoli and Cauliflower Cheese Bake (G) (Mus) (M) and Oat and Raisin Cookie (G) (M) (E)

Friday

Fish Stars (G) (F) or Vegetable and Cheese Bake (G) (E) (C) and Apple and Cinnamon Crumble with Custard (G) (M)

New fill your own jacket potato and sandwich option - Simply choose either jacket or sandwich on the order form and then you can choose your own bread, filling/topping and salad on the day.



All mains above served with potatoes and seasonable vegetables
Fresh salad bar, milk, wholegrain bread and fresh fruit available daily

Allergens: Contains (N) Nuts; (P) Peanuts; (M) Milk; (S) Soya; (Mus) Mustard; (L) Lupin; (E) Eggs; (F) Fish; (SF) Shellfish; (G) Gluten; (SS) Sesame Seeds; (C) Celery; (sul) Sulphur Dioxide or Sulphites; (Crw) Crustaceans; (Mol) Molluscs

