

All our meals are freshly cooked at school!

The Hungry Tree

Ingredients are from local suppliers and prepared on site

Week 1

w/b 7 + 28th
Jan, 25th Feb,
18th Mar

Monday

Beef Meatballs and Rice (su) (C) or **Vegetarian Meatballs in a Tomato Sauce** (G) (su) (C) and **Pears and Ice Cream** (M)

Tuesday

Chicken Goujons (G) or **Roasted Vegetable Risotto** (C) (su) and **Chocolate Delight** (M)

Wednesday

Cottage Pie (su) (C) or **Vegetarian Cottage Pie** (su) (C) (E) and **Banana Sponge and Custard** (G) (M) (E)

Thursday

Roast Chicken or **Cheese and Red Onion Pinwheel** (G) (M) and **Fruit and Yoghurt** (M)

Children's Vote: Friday

All Day Breakfast (G) (su) or **Veggie All Day Breakfast** (G) (M) (E) and **Vanilla Sponge and Custard** (G) (M) (E)

Week 2

w/b 14th Jan,
4th Feb, 4th
+ 25th Mar

Monday

Ham and Tomato Pasta Bake (G) (su) (C) or **Tomato and Basil Pasta Bake** (G) (su) (C) or **and Peaches and Ice Cream** (M)

Tuesday

Sausage, Mash and Gravy (G) (su) or **Quorn sausage** (G) (M) (E) and **Cheese and Crackers** (G) (M) (E) (SS)

Wednesday

Roast Turkey or **Vegetable and Quinoa Crumble** (G) (M) (Mus) and **Mixed Fruit and Yoghurt** (M)

Thursday

Beef Lasagne (G) (M) (su) (C) (Mus) or **Spinach and Mushroom Lasagne** (G) (M) (Mus) (su) (C) and **Shortbread Biscuit** (G) (M)

Friday

Fish Nuggets (F) (G) or **Vegetable Dippers** (G) and **Cherry Sponge with Custard** (G) (M) (su) (E)

Week 3

w/b 21st Jan, 11^h
Feb, 11th + 1st April

Monday

Mild Baked Bean Chilli and Rice (su) (C) or **Butternut Squash and Chickpea Curry** (C) (su) and **Toffee Apple Crumble and Custard** (G) (M)

Tuesday ***Children's Vote:***

Pepperoni Pizza (G) (M) (S) or **Vegetable and Cheese Bake** (G) (E) (C) and **Oatie Cookie** (G) (M) (E)

Wednesday

Roast Gammon or **Vegetarian Sausage Roll** (M) (G) (S) (E) and **Angel Delight** (M)

Thursday

Chicken and Vegetable Pie (G) (M) (Mus) or **Quorn and Vegetable Pie** (G) (M) (Mus) (E) and **Fruit Cocktail Jelly**

Friday

Salmon Fish Fingers (F) (G) or **Vegetable Fingers** (G) and **Chocolate Sponge and Chocolate Custard** (G) (M) (E)

Fill your own jacket potato and sandwich option - Simply choose either jacket or sandwich on the order form and then you can choose your own bread, filling/topping and salad on the day.



All mains above served with potatoes and seasonable vegetables
Fresh salad bar, milk, wholegrain bread and fresh fruit available daily

Allergens: Contains (N) Nuts; (P) Peanuts; (M) Milk; (S) Soy; (Mus) Mustard; (L) Lupin; (E) Eggs; (F) Fish; (SF) Shellfish; (G) Gluten; (SS) Sesame Seeds; (C) Celery; (su) Sulphur Dioxide or Sulphites; (Crw) Crustaceans; (Mol) Molluscs

