

Special Diet Menu The Hungry Tree

Gluten
All Dishes Gluten
and Dairy Free

w/b 7 + 28th
Jan, 25th Feb,
18th Mar

Monday

Beef Meatballs and Rice in
a Tomato sauce served
with Veg (Sul) (C)

Tuesday

Roasted Vegetable Risotto
(C) (Sul)

Wednesday

Cottage Pie served with
Veg (C) (Sul)

Thursday

Roast Chicken served
with Potatoes, Veg and
Gluten free Gravy

Friday

Jacket Potato with
Chicken Mayo

w/b 14th Jan,
4th Feb, 4th
+25th Mar

Monday

Baked Cod fillet in Tomato
sauce served with Veg (F)

Tuesday

Gluten Free Sausage and
Mash with Veg and Gluten
Free Gravy (Sul)

Wednesday

Roast Turkey served with
Potatoes, Veg and Gluten
Free Gravy

Thursday

Gluten Free Pasta in Tomato
Sauce (C) (Sul)

Friday

Jacket Potato with Baked
Beans

w/b 21st Jan,
11^h Feb, 11th
+1st April

Monday

Mild Baked Bean Chilli
with Rice (Sul) (C) served
with Veg

Tuesday

Gluten and Dairy Free
Pepperoni Pizza with Potato
Wedges

Wednesday

Roast Gammon served
with Potatoes, Veg and
Gluten Free Gravy

Thursday

Gluten Free Pasta in a
Tomato Sauce (S)

Friday

Gluten Free Salmon Fish
Fingers with Potatoes and
Baked Beans (F)

Allergens: Contains (N) Nuts; (P) Peanuts; (M) Milk; (S) Soya; (Mus) Mustard; (L) Lupin; (E) Eggs; (F) Fish; (SF) Shellfish; (G) Gluten; (SS) Sesame Seeds; (C) Celery; (Sul) Sulphur Dioxide or Sulphites; (Cru) Crustaceans; (Mol) Molluscs

